

# Skagit Widowed Support Services Newsletter

## Winter 2019

### Meet the 2019 SWSS Board Officers

President John Rix-Blackburn, Secretary Terri Heuterman, Vice-President Patricia Morgan, Treasurer Sylvia McKee-Rose

President John has been a member for about nine years. He has served on the SWSS Board since 2012 in many positions, including secretary, newsletter producer, publicity, and social coordinator a role he will continue as president. As social coordinator, John plans our social functions, including potlucks, picnics and Christmas dinners. You will find John is at nearly every Monday luncheon to meet and greet new and regular members to make all feel welcomed.

Vice-President Patricia has been an active member of the board for three years. Two years ago, she volunteered to be a Grief Workshop Facilitator and will continue in the capacity as vice president.

Secretary Terri joined SWSS 11 ½ years ago and has served on the board since 2013. She has been vice-president for the last 4 ½ years and recently stepped down as grief coordinator after serving for 5 years, as well as a facilitator this past year.

Treasurer Sylvia joined SWSS in 2012 and became a board member in January 2014. Starting in April 2015 she filled in for the then ailing secretary and then was elected and held the position for 2016 and 2017.



### 2019 Board Members

President: John Rix-Blackburn  
360-610-2102

VP Patricia Morgan 360-630-9368

Secretary: Terri Heuterman  
360-336-3037

Treasurer: Sylvia Rose 360-299-9156

Membership: Carolyn Forbes  
206-819-4706

Social: John Rix-Blackburn  
360-610-2102

Sunshine/Ticket Sales: June Logsdon 360-757-3642

Publicity: Julie-Bjorn-Fisher  
360-420-4336

Grief Group Coordinator: Robin MacNeal 360-333-9973

Funeral Home Coordinator: Suzanne Wassom  
501-605-2691

### Members at Large

Ron Dudeck 360-424-8885

Vicki Johnson 360-848-9504

Bert Stubbs 360-395-5895

Penny Stubbs 360-941-9938

Judy Nichols Dawson 360-856-6299

Larry Rose 360-299-9156

Patricia Seaman 360-424-6784

Bonnie Borden 360-419-0272

Chuck Wilke 360-336-6827

SWSS offers FREE 6-week grief discussion sessions (PRE-REGISTRATION IS REQUIRED). All widows and widowers are invited and encouraged to participate. If you have any questions, need help or are interested in attending one of our sessions, please call Robin MacNeil at 360-333-9973. The next session will be once a week beginning on Tuesday March 5<sup>th</sup>, 2019.

Member dues and donations are what fund SWSS activities including our quarterly newsletter. Please support us and mail your dues and donations to SWSS, P. O. Box 156, Mount Vernon, WA 98273

## From your SWSS President

We are entering a New Year, and we have new SWSS Board Officers that are dedicated to our organization. As your new President I would like to extend an invitation out to everyone to try and attend at least one of our monthly Board Meetings so that you can witness first hand how your Board of Directors work for you. We meet on the second Wednesday of each month at 10:00 am. The location is at the Skagit Publishing Community Room at 1215 Anderson Road in Mount Vernon. For more information contact me or any officer or board member at numbers listed in the newsletter.

John RixBlackburn  
(360)610-2102

**Note:** The next **free** 6-week Grief Workshop will be March 5 through April 9, 2019, held at the Burlington Senior Center. To register or for more information, call Robin at 360-333-9973 or email her at [tamacn3@mac.com](mailto:tamacn3@mac.com)



We have a new SWSS Grief Group Coordinator! Robin MacNeil (pictured on the left) took over the SWSS Grief Coordinator position in late October from Terri Heuterman

Robin joined SWSS when she attended the grief workshop in March of 2017. In 2018, Robin started to volunteer as a Grief Facilitator, which she continues to do.

Terri became a SWSS member 11  $\frac{1}{2}$  years ago and has served on the Board since 2013. Terri, as well as serving as Grief Coordinator, has also served as a Grief Workshop Facilitator, Board Vice-President, and served on many committees.

Interesting fact about Robin is she and her late husband, Tom, were avid sailors. They sailed their Gulfstar 43 across the Pacific from 1998-2000, ending up in New Zealand, a memorable adventure.

The Christmas dinner party was a blast! More pictures available on our website [www.skagitwss.org](http://www.skagitwss.org).



## Skagit Widowed Support Services Winter 2019

### Outgoing president and treasurer honored at Christmas dinner.



Bert and Penny Stubbs were honored at the SWSS Christmas dinner for their service and dedication to SWSS as they are stepping down as president and treasurer of the SWSS board. They have both served SWSS in many capacities and will continue their support as active Board members. *"We have enjoyed our time as officers of SWSS, however, we feel it is time to step aside and let others have an opportunity to enjoy working to further the SWSS mission."*

Penny became a SWSS member in 2007. She joined the Board in 2008 and produced the SWSS newsletter from 2008 thru 2010. She served as a Grief Facilitator from 2008 thru 2016. She has been the board's treasurer for the last 8 years.

Bert joined SWSS and the Board in 2010. He has served as Board President since 2015. He served as the membership chairman from 2011 through 2017 webmaster for the SWSS website since 2013 and he is the newsletter editor.

Bert and Penny met at a Curious Chef luncheon in 2011 and were married in March 2013 with many SWSS friends attending the ceremony giving their blessings to the happy couple. With fewer SWSS responsibilities, more travel, camping and fishing can be in their future



### Member Sponsors

Jack Sands, Carol Miller, John Rix-Blackburn, Sally Wirtzfeld, Lanny Bergner, Sharon and David Varnell, David Dormans, Richard Loe, Jim Bonholzer, Patricia Morgan, Kathy Brown, Carolyn Forbes, Vicki Johnson, Suzanne Wassom, Bert Stubbs, Grant Willson, and Laverne Lindsey

### Social Events

**SWSS has no-host luncheons every week on Monday at 11 AM. For more information contact John Rix-Blackburn at 360-610-2102**

- 1st Monday of the month is at the Royal Star located in Mount Vernon at 2300 Freeway Dr, Mount Vernon
- 2nd Monday is at the Curious Chef in the Burlington Outlet Mall at 232 Fashion Way, Burlington
- 3rd Monday at Lorenzo's Mexican Restaurant located at 2121 East College
- 4th Monday is at the Skagit Casino located in Bow at 5984 N Darrk Ln, Bow
- 5th Monday (if there is one) is at the Farmhouse Inn located at 13724 La Conner Whitney Rd, Mount Vernon

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 New Year's Day	2	3	4	5
6	7 Royal Star	8	9 SWSS Board	10	11	12
13	14 Curious Chef	15	16	17	18	19
20	21 Lorenzo's Mexican MLK Birthday	22	23	24	25	26
27	28 Skagit Casino	29	30	31		



**Bob Johnson**  
**Jim Bonholzer**

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# SWSS February

# 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 Royal Star	5	6	7	8	9
10	11 Curious Chef	12	13 SWSS Board	14	15	16
17	18 Lorenzo's Mexican Presidents' Day	19	20	21	22	23
24	25 Skagit Casino	26	27	28		



**Sally Wirtzfeld  
Suzanne Wassom  
Judy Tholstrup**

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# SWSS March

# 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 Royal Star	5	6	7	8	9
10 Daylight Savings Time Begins	11 Curious Chef	12	13 SWSS Board	14 Pi Day	15	16
17 St Patrick's Day	18 Lorenzo's Mexican	19	20	21	22	23
24	25 Skagit Casino	26	27	28	29	30



**Jack Sands**  
**Bert Stubbs**  
**Gladis Jameson**  
**Penny Snarrenber**

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